Our Year 10 girls took part in a fantastic workshop with the Rio Ferdinand Foundation and Odd Arts, where they learnt how sports can help with mental health.

They learnt boxing techniques from Eccles Boxing School and taekwondo moves from Team Jeon-sa. It was lots of fun!

The girls also took part in various roleplay games and activities, where they gained greater awareness of mental health and understanding of personal triggers and protective measures.  Read more inside......
OUR STRIDE STUDENTS GET BUSY MAKING BIRD FEED

Our Stride students have been busy making bird feed with Ms Mason to put out in our school allotment. They have started working on the Alexandra Road South Allotment in Whalley Range with Ms Mason and Ms Sharrock every fortnight.

School Counsellor Shanaz Essafi said: “The workshop combined games and fun with discussions about mental health in terms of its connection to physical health and how to self-care. Discussions were passionate and thoughtful. The girls were energised by gaining experience of boxing and taekwondo, and learned about the link between exercise and mood.”
Our Year 8 & 9 students created cardboard bees back in the summer, which have now gone on display in the Royal Manchester Children's Hospital.

Staff from the hospital asked us if we would like to help out by brightening up the treatment rooms and corridors.

Head of Art Ms Mullineux said: “Our students were very proud that the hospital has asked us to contribute artwork, and they were really keen to get started.

“Some of them also personalised their bees by adding the names of children they knew who had been treated in the hospital.”
Our History students were thrilled to receive a Historic England Heritage Schools plaque, to recognise their hard work investigating local heritage and their suffrage project which was on display in Manchester Central Library earlier this year.

Head of History Ms Dhillon said: “Manchester Academy has been involved in the Heritage Schools programme for a number of years and this has enabled students to develop an understanding of their local heritage and its significance.

“Projects have focused on the local area such as Whitworth Park, role of the Suffrage movement and key individuals who lived in Moss Side. Students have developed a sense of pride in where they live and how their local heritage relates to the national story. We are delighted that Manchester Academy is now a Historic England heritage school.”

Daisy Horsley, Local Heritage Education Manager, North West, explained that all schools which take part in the Heritage Schools programme and attend CPDs/facilitate exciting and sustainable local history studies in the classroom – are entitled to the Heritage Schools plaque. Ms Dhillon has attended a number of CPD events, as well as carrying out local history in the classroom including the suffrage project.

Daisy said: “It is fantastic to see another school in Manchester receive a Historic England, Heritage Schools plaque. This plaque is awarded in recognition of the hard work that teachers and students have carried out in investigating their local history and heritage. I am confident that Manchester Academy will continue to embed local history into its curriculum and would like to say congratulations to all involved!”
HIDEAWAY INTERVENTION PROJECT UNDERWAY

Our school Internal Exclusion department has begun an intervention project, to help and assist with students’ behaviour and learning whilst at the academy.

Imran Gill, our school Behaviour Support Teams Worker, explained that an external company from the local community - The Hideaway Youth Project - has started working with our students on a weekly basis. Hideaway offers coping strategies and group discussions to deal with various issues and help students refrain from negative behaviour.

Year 9 student Asim Elkalani said the project has helped him with his behaviour and he’s been getting less buddy outs.

Year 9 student Ossiyd Abudaber added he has been going to school with a more positive mindset.

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manacadnewsletterinfo@manchester-academy.org

STARS OF THE WEEK WILL RETURN NEXT WEEK

Yours sincerely,

Mr Eldon, Principal.