

## Year 10 Big Picture – BTEC Sport

<p><i>Autumn 01</i> <i>Weeks 1 – 7 (7 weeks)</i></p>	<p><i>Autumn 02</i> <i>Weeks 8 – 14 (7 weeks)</i></p>	<p><i>Spring 01</i> <i>Weeks 15-21 (7 weeks)</i></p>
<p><b>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity</b> In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p><b>Learning Outcome A:</b></p> <ul style="list-style-type: none"> <li>Explore types and provision of sport and physical activity for different types of participant.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>Types and providers of sport and physical activities.</li> <li>Types and needs of sport and physical activity participants.</li> <li>Barriers to participation in sport and physical activity for different types of participant.</li> <li>Methods to address barriers to participation in sport and physical activity for different types of participant.</li> </ul>	<p><b>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity</b> In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p><b>Learning Outcome B:</b></p> <ul style="list-style-type: none"> <li>Examine equipment and technology required for participants to use when taking part in sport and physical activity.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>Different types of sports clothing and equipment required for participation in sports and physical activity.</li> <li>Different types of technology and their benefits to improve sport and physical activity participation and performance.</li> <li>The limitations of using technology in sport and physical activity.</li> </ul>	<p><b>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity</b> In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p>Students to complete their assignment pieces for component one:</p> <p><b>Assessment Objectives:</b></p> <p><b>Task 1:</b> Students to complete a written assignment piece. This will be approximately 3-5 pages of A4. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome A.</p> <ul style="list-style-type: none"> <li>Component Number One total 36 GLH BTEC Set Assignment</li> <li>Task One 12 marks</li> </ul> <p>Centre-assessed and BTEC moderated</p> <p><b>Task 2:</b> Students to create a presentation of approximately 10-15 slides. Students will have a set assignment provided by the exam board which will assess them for learning outcome B.</p>

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<p><b>Learning Outcome B:</b></p> <ul style="list-style-type: none"> <li>Examine equipment and technology required for participants to use when taking part in sport and physical activity.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>Different types of sports clothing and equipment required for participation in sports and physical activity.</li> <li>Different types of technology and their benefits to improve sport and physical activity participation and performance.</li> <li>The limitations of using technology in sport and physical activity.</li> </ul>	<p><b>Learning Outcome C:</b></p> <ul style="list-style-type: none"> <li>Be able to prepare participants to take part in physical activity.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>Planning a warm-up.</li> <li>Adapting a warm-up for different categories of participants and different types of physical activities.</li> <li>Delivering a warm-up to prepare participants for physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>Component Number One total 36 GLH BTEC Set Assignment</li> <li>Task Two 12 marks</li> </ul> <p>Centre-assessed and BTEC moderated</p> <p><b>Task 3:</b> For the first part of the task students must prepare a written plan to prepare a participant in the scenario, with justification. For the second part, students must lead their warm-up they have created. The set assignment followed will assess them for learning outcome C.</p> <ul style="list-style-type: none"> <li>Component Number One total 36 GLH BTEC Set Assignment</li> <li>Task Three Part One 12 marks</li> <li>Task Three Part Two 12 marks</li> </ul> <p>Centre-assessed and BTEC moderated</p>
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<i>Spring 02</i> <i>Weeks 22 – 26 (5 weeks)</i>	<i>Summer 01</i> <i>Weeks 27 – 32 (6 weeks)</i>	<i>Summer 02</i> <i>Weeks 33 – 39 (7 weeks)</i>
<p><b>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity</b></p> <p>In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p>Students to complete their assignment pieces for component one:</p> <p><b>Assessment Objectives:</b></p> <p><b>Task 1:</b> Students to complete a written assignment piece. This will be approximately 3-5 pages of A4. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome A.</p> <ul style="list-style-type: none"> <li>• Component Number One total 36 GLH BTEC Set Assignment</li> <li>• Task One 12 marks</li> </ul> <p>Centre-assessed and BTEC moderated</p> <p><b>Task 2:</b> Students to create a presentation of approximately 10-15 slides. Students will have a set assignment provided by the exam board which will assess them for learning outcome B.</p> <ul style="list-style-type: none"> <li>• Component Number One total 36 GLH BTEC Set Assignment</li> <li>• Task Two 12 marks</li> </ul>	<p><b>Content: Component Two – Preparing Participants to Take Part in Sport and Physical Activity</b></p> <p>In this unit, students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.</p> <p><b>Learning Outcome A:</b></p> <ul style="list-style-type: none"> <li>• Understand how different components of fitness are used in different physical activities</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>• Components of physical fitness</li> <li>• Components of skill-related fitness</li> </ul> <p><b>Learning Outcome B:</b></p> <ul style="list-style-type: none"> <li>• Be able to participate in sport and understand the roles and responsibilities of officials.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>• Techniques, strategies, and fitness required for different sports.</li> <li>• Officials in sport.</li> <li>• Rules and regulations in sports.</li> </ul>	<p><b>Content: Component Two – Preparing Participants to Take Part in Sport and Physical Activity</b></p> <p>In this unit, students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.</p> <p><b>Learning Outcome B:</b></p> <ul style="list-style-type: none"> <li>• Be able to participate in sport and understand the roles and responsibilities of officials.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>• Techniques, strategies, and fitness required for different sports.</li> <li>• Officials in sport.</li> </ul> <p>Rules and regulations in sports.</p> <p><b>Learning Outcome C:</b></p> <ul style="list-style-type: none"> <li>• Demonstrate ways to improve participants sporting techniques.</li> </ul> <p><b>Topics Include:</b></p> <ul style="list-style-type: none"> <li>• Planning drills and conditioned practices to develop participants' sporting skills.</li> <li>• Drills to improve sporting performance.</li> </ul>

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**Task 3:** For the first part of the task students must prepare a written plan to prepare a participant in the scenario, with justification. For the second part, students must lead their warm-up they have created. The set assignment followed will assess them for learning outcome C.

- Component Number One total 36 GLH BTEC Set Assignment
- Task Three Part One 12 marks
- Task Three Part Two 12 marks

Centre-assessed and BTEC moderated